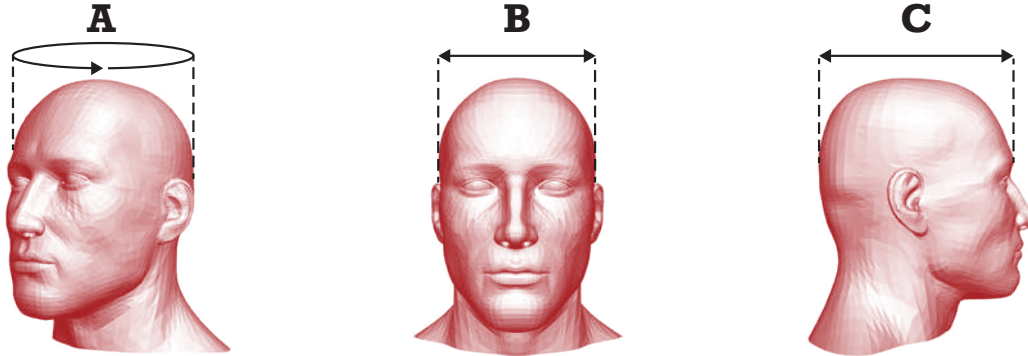


PRO FLIGHT GEAR

AVIATION LIFE SUPPORT EQUIPMENT

Alpha Eagle Flight Helmet Personal Measurement Sheet



Horizontal Circumference (A): use a tape measure in millimeters around the head in the position shown.

Head Width Maximum (B): ensure that the calipers are pressed against the skull above the ears. Slide the calipers back and forth to locate the widest measurement.

Head Length Maximum (C): ensure the calipers are placed at the brow line and at the back of the cranium.

* When individual measurements (A, B, C) read on the high side of dimension parameter, go to the next size up. When total measurements fall between helmet sizes, use next larger size.

Letter	Dimension	Size (mm)
A	Horizontal Circumference	
B	Head Width Maximum	
C	Head Length Maximum	

Alpha Eagle Series			
Circumference (mm)	Head Width (mm)	Head Length (mm)	Helmet Size
550-580	142-164	180-203	Medium
577-620	147-164	201-218	Medium/Long
577-605	160-175	180-203	Medium/Broad
590-622	160-175	201-218	Large
620-635	175-180	218-225	Extra Large

Name: _____ Helmet Size: _____

Agency: _____ Measured by: _____

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